



We're so excited to introduce you to Brightline, your new family mental health benefit through Aetna®!

As your trusted partner in parenting, Brightline's mental health experts help match kids and teens with virtual therapy, psychiatry, & coaching. From trouble sleeping, cyberbullying, and body image, to ADHD, depression, & anxiety — whatever your kids are facing, Brightline's experts can help.

Brightline was created for parents by parents who get it: Their team of licensed therapists and expert behavioral health coaches have years of experience doing evidence-based work with kids and teens of all ages. Take it from parents like you: 96% of families continue care after their welcome session.

When you sign up for Brightline, you will immediately have access to care for kids 18 months up to 18 years old — and support for parents and caregivers too.

What's included in your Brightline membership:

- Fast access to personalized support (no long waitlists!)
- Video visits with therapists & coaches
- One-stop digital platform to manage care
- Resources and support for parents & caregivers

Get started today!

Step 1: Visit hellobrightline.com/aetna to create your account

- We'll confirm your kid's health plan information, and what services are covered.

Step 2: Tell us about your family

- Based on your answers to our short questionnaire, we'll recommend therapy or coaching.

Step 3: Book your kid's first session

- Your dedicated mental health expert will help guide next steps.

Questions?

For questions about insurance coverage or the cost of services, call (888) 224-7332 to speak with a Brightline team member (M-F, 8am - 9pm local time).

Aetna® is the brand name used for products and services provided by one or more of the Aetna® group of companies, including Aetna® Life Insurance Company and its affiliates (Aetna®). Brightline is an in-network provider with Aetna®. Standard OOP costs and deductibles apply. All clinical services are provided by licensed professionals practicing within independently owned and operated practices. Brightline, Inc. does not itself provide any physician, clinical, behavioral health professional, or other healthcare provider services.

The Brightline Platform may provide links to third-party websites and services. However, Infosys is not responsible for the privacy statements, practices, or the contents of Brightline Platform or any third party websites and services. Please read the Privacy policy and cookies policy available on the Vendor's & third-party's websites/portals before you share your personal information with them. Vendor & third-party portal may drop cookies on your device, and you are advised to take adequate measures such as changing your Privacy Settings/ Browser Settings to protect your privacy. In case you wish to opt out of the program after initial enrollment, you can reach out to care@hellobrightline.com or call (888) 224-7332 to speak with a Brightline team member.